

Does your car have headrests? YES NO

If YES, what was the position of those headrests compared to your head before the accident?

Top of headrest even with BOTTOM of head

Top of headrest even with TOP of head

Top of headrest even with MIDDLE OF NECK

Was your car braking? YES NO Was your car moving at the time of accident YES NO

If YES, how fast would you estimate you were going? _____ MPH (estimate)

How fast was the other car traveling? _____ MPH (estimate)

HEAD/BODY POSITION/ABLE TO MOVE BODY

Head/Body position at time of impact Head turned: Right Left Head looking back Head straight forward

Body straight in sitting position Body rotated: Right Left

At the time of the accident, recall what parts of your head or body hit what parts on the inside of the car:

As a result of the accident you were: Rendered unconscious Dazed, circumstances vague

Shaken up but could function.

Could you move all parts of your body? YES NO If no, what and why? _____

Were you able to get out of the car and walk unaided? YES NO If no, why not? _____

SYMPTOMS FROM ACCIDENT

Did you get bleeding cuts or bruises? YES NO

If yes, what bleeding cuts did you get from this accident? _____

If yes, what bruises did you get from this accident? _____

Please describe how you felt. PLEASE BE SPECIFIC

Immediately after the accident: _____

Later that DAY NIGHT: _____

The next day(s): _____

Check symptoms apparent since the accident:

- | | | | |
|--|---|--|--|
| <input type="checkbox"/> Headache | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Loss of memory | <input type="checkbox"/> Sleeping problems |
| <input type="checkbox"/> Neck pain/stiffness | <input type="checkbox"/> Fainting | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Numbness in toes |
| <input type="checkbox"/> Mid-back pain | <input type="checkbox"/> Ringing/buzzing ears | <input type="checkbox"/> Tension | <input type="checkbox"/> Numbness in fingers |
| <input type="checkbox"/> Low-back pain | <input type="checkbox"/> Loss of balance | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Cold hands |
| <input type="checkbox"/> Eyes sensitive to light | <input type="checkbox"/> Loss of smell | <input type="checkbox"/> Irritability | <input type="checkbox"/> Cold feet |
| <input type="checkbox"/> Pain behind eyes | <input type="checkbox"/> Loss of taste | <input type="checkbox"/> Depression | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Nervousness | <input type="checkbox"/> Cold Sweats |
| <input type="checkbox"/> Anxious | <input type="checkbox"/> Other _____ | | |

PAIN LEVEL/SCALE OF RECOVERY

On a scale of 0-10, with 0 being (examiner's quote), "You're pain free and can function quite well," and 10 being, "You're in pain all the time and cannot function at all," where would you rate yourself?

NORMAL LOW PAIN MODERATE PAIN INTENSE PAIN EMERGENCY

0 1 2 3 4 5 6 7 8 9 10

Please explain why: _____

Relative to where you were before this injury, how would you rate how much you have recovered so far? %

FIRST DOCTOR/HOSPITAL/CLINIC SEEN

Did you go to seek medical help immediately/soon after the accident? YES NO

If yes, how did you get there? Someone else drove me Drove own car Ambulance Police

DOCTOR 1/HOSPITAL/CLINIC SEEN: _____ Date of visit: ___/___/___

Were you examined? YES NO Were X-rays taken? YES NO

Were you given treatment? YES NO

If yes, what treatment was given to you? _____

What benefits did you receive from the treatment? _____

PRIOR SIMILAR SYMPTOMS

Did you have any physical complaints just before the accident? YES NO

If yes, please describe in detail: _____

PRIOR to this accident, have you EVER had symptoms similar to what you're experiencing? YES NO

If yes, please explain (briefly include past falls, injuries, accidents, operations, etc.): _____

ACTIVITIES OF DAILY LIVING

Do you notice any activities of your home daily routines that are different now than before the accident?

YES NO If yes, list them as:

Those activities that you are unable to do are (be specific): _____

Those activities that are painful to do are (be specific): _____

Those activities that are difficult to do are (be specific): _____

AUTOMOBILE ACCIDENT - INSURANCE DATA

Patient's Insurance Company Information

Company Name: _____ P: (____) ____ - ____ Policy #: _____

P.O. Box/Street Number: _____ City: _____

State: ____ Zip: _____ Adjuster's Name: _____ Claim No. _____

Insured's Insurance Information

Insured's name if other than patient: _____ P: (____) ____ - ____

Company Name: _____ P: (____) ____ - ____ Policy #: _____

P.O. Box/Street Number: _____ City: _____

State: ____ Zip: _____ Adjuster's Name: _____

Other Driver's Insurance Information

Other Driver's Name (if another car was involved): _____ P: (____) ____ - ____

Company Name: _____ P: (____) ____ - ____ Policy #: _____

P.O. Box/Street Number: _____ City: _____

State: ____ Zip: _____ Adjuster's Name: _____

ATTORNEY ON CASE

Do you have an attorney on this case? YES NO

If yes, who? Name: _____ P: (____) ____ - ____

Address: _____ City: _____ State: ____ Zip: _____

FAMILY HEALTH HISTORY

Many health problems are hereditary in nature and may be handed down generation after generation.

Patient _____

Please review the below-listed diseases and conditions and indicate those that are current health problems of a family member. Leave blank those spaces that do not apply. If you require more space, use the reverse side of this form. Circle your answers if your relative lives around this locality, as some hereditary conditions are affected by similar climate.

CONDITION	FATHER	MOTHER	SPOUSE	BROTHER(S)		SISTER(S)		CHILDREN		
	Age []	Age []	Age []	Age []	Age []	Age []	Age []	Age []	Age []	Age []
Arthritis										
Asthma - Hay Fever										
Back Trouble										
Bursitis										
Cancer										
Constipation										
Diabetes										
Disc Problem										
Emphysema										
Epilepsy										
Headaches										
Heart Trouble										
High Blood Pressure										
Insomnia										
Kidney Trouble										
Liver Trouble										
Migraine										
Nervousness										
Neuritis										
Neuralgia										
Pinched Nerve										
Scoliosis										
Sinus Trouble										
Stomach Trouble										
Other:										

If any of the above family members are deceased, please list their age at death and cause: _____

AUTHORIZATION TO RELEASE MEDICAL INFORMATION

This authorization or photocopy hereof, will authorize Caring Chiropractic Center, P.A. to release any medical information necessary to process my insurance claim(s) with regards to my condition while under their observation or treatment. They are authorized to provide this information in accordance with an injury protection endorsement of a policy with _____

(company)

Signature _____ Date _____ Witness _____

REQUEST FOR PAYMENT OF BENEFITS TO PROVIDE CARE

I hereby authorize the _____ Insurance Company/Insurance Administrators to pay by check made out and mailed directly to: Caring Chiropractic Center, P.A., 10811 Xavis St NW, Coon Rapids, MN 55433 for the expense benefits allowable, and otherwise payable to me under my current policy, as payment toward the total charges for professional services rendered, and I have agreed to pay, in a current manner any balance of said professional charges, I agree that this office be given power of attorney to endorse/sign my name on any and all drafts for payment of my bill.

Patient's Signature: _____ Date: _____ Witness _____

DOCTOR'S LIEN

TO: Attorney/Insurance Carrier

Kenneth H. Ruf, D.C.
Caring Chiropractic Center, P.A.
10811 Xavis Street NW
Coon Rapids, MN 55433

I do hereby authorize Kenneth H. Ruf, D.C. to furnish you, my attorney/insurance carrier, with a full report of his case history, examination, diagnosis, treatment, and prognosis of myself in regard to my accident/illness which occurred/began on _____.

I hereby give a lien to said doctor on any settlement, claim, judgment, or verdict as a result of said accident/illness, and authorize and direct you, my attorney/insurance carrier, to pay directly to said doctor such sums as may be due and owing him for service rendered me, and to withhold such sums from such settlement, claim, judgment, or verdict as may be necessary to protect said doctor adequately.

I fully understand that I am directly and fully responsible to said doctor for all chiropractic bills submitted by him for service rendered me, and that this agreement is made solely for said doctor's additional protection and in consideration of his awaiting payment. And I further understand that such payment is not contingent on any settlement, claim, judgment, or verdict by which I may eventually recover said fee.

Dated: _____ Patient's signature: _____

The undersigned, being attorney of record or authorized representative of insurance carrier for the above patient does hereby acknowledge receipt of the above lien, and does agree to honor the same to protect adequately said above named doctor.

Dated _____ Authorized signature: _____

NOTICE: Please date, sign, and return one copy to doctor's office at once.